

# 2022 Idaho FCCLA Knowledge Bowl Questions



1. What do the letters of FCCLA Stand for?  
Family, Career and Community Leaders of America
2. What is the tagline for FCCLA?  
The Ultimate Leadership Experience
3. What is the follower of FCCLA?  
The red rose
4. Name four (4) “skills for life” that are developed through involvement in FCCLA
  - Planning
  - Goal setting
  - Problem solving
  - Decision making
  - Interpersonal communication
5. What does the flower of the organization represent?  
The search for beauty in everyday living
6. Name the five (5) components of the planning process  
Identify concerns, set your goal, form a plan, act, and follow up
7. What are the colors of FCCLA?  
Red and white
8. What do the colors represent?  
Red is strength and white is sincerity
9. How many FCCLA districts are in Idaho?  
Six (6)
10. Who is the FCCLA Manager  
Lisa Costa
11. Where is the current (2021-2022) Idaho State President from?  
Lewiston High School
12. Who is the current (2021-2022) Idaho State President?  
Gretchen Pals
13. Where is the headquarter for the Idaho State Association located?  
Boise, Idaho



**IDAHO**  
STATE ASSOCIATION

14. What is the State and national theme for this year?

- State: "Look to the future to make it count"
- National: "Make it count"

15. What is the name of the National Magazine?

Teen Times

16. Where is the current (2021-2022) National President from?

Texas

17. Who is the current (2021-2022) National President?

Hunter Prinz

18. How many state officers does Idaho have this year (2021-2022)?

Five (5)

19. How many National Officers (students) are elected by the voting delegates?

Ten (10)

20. Where will the National Leadership Conference be held in 2022?

San Diego, CA

21. FCCLA provides opportunities for active student participation at what level?

Local, state, and national

22. FCCLA is the only in-school organization that focuses on \_\_\_\_\_.

Family

23. Local groups of FCCLA are referred to as

Chapters

24. Name five (5) current youth concerns FCCLA chapter projects focus on

- Family relationships
- Sustainability
- Peer pressure
- Nutrition
- Fitness
- Leadership and personal growth
- Career preparation
- Peer violence
- Parenting
- Substance abuse

25. What is the FCCLA motto?

Toward New Horizons

26. Meetings should be opened with official \_\_\_\_\_.  
Ceremonies
27. What is the current membership of the Idaho Association?  
743 (as of 12/29/2021)
28. Finish the phrase from the creed: "We face the future with ..."  
"...warm courage and high hope"
29. What is the name of the fall conference offered by IDCTE and FCCLA  
BASIC: Building and Achieving Success in Idaho Chapters
30. What are the four national FCCLA Regions?  
North Atlantic, Southern, Central, and Pacific
31. Idaho is located in what region?  
Pacific
32. What is the Program of Work?  
Chapters' written plans and goals for the year
33. FCCLA is a CTE student organization. What does CTE stand for?  
Career and Technical Education
34. Name one of the eight (8) purposes of FCCLA
1. To provide opportunities for personal development and preparation for adult life.
  2. To strengthen the family as a basic unit of society.
  3. To encourage democracy through cooperative action in the home and community.
  4. To encourage individual and group involvement in helping achieve global cooperation and harmony.
  5. To promote greater understanding between youth and adults
  6. To provide opportunities for making decisions and for assuming responsibilities.
  7. To prepare for the multiple roles of men and women in today's society.
  8. To promote Family and Consumer Sciences and related occupations.
35. What are bylaws?  
Rules adopted by an organization for governing its activities
36. Name the four (4) kinds of membership in FCCLA  
Active, Alumni, Associate, and Honorary
37. How many members are needed to form a chapter?  
A minimum of twelve (12) members are required
38. Where should the FCCLA emblem be worn?  
Over the heart or on the red jacket pocket left side



**IDAHO**  
STATE ASSOCIATION

39. Who was the first National Adviser?  
Dr. Hazel Frost
40. What was the amount of the first dues in 1945?  
10 cents
41. When was Future Homemakers of America Founded?  
June, 1945
42. Where was Future Homemakers of America Founded?  
Chicago, Illinois
43. Where was the first National Convention held?  
Kansas City, MO
44. STAR events began in what year?  
1983
45. When was the name changed to Family, Career and Community Leaders of America?  
July, 1999
46. Where was the name changed to Family, Career and Community Leaders of America?  
Boston, MA
47. What year was Idaho chartered as a State Association?  
1946
48. What are the National dues for FCCLA?  
\$9
49. By what procedure are all FCCLA meetings to be conducted?  
Parliamentary Procedure, using Robert's Rules of Order
50. What is the URL address for the National FCCLA website?  
[www.fcclainc.org](http://www.fcclainc.org)
51. How many issues of Teen Times are published each year?  
Two (2) - August and December
52. What is the meaning of the acronym STAR in STAR Events?  
Students Taking Action with Recognition
53. What is the National Membership of FCCLA  
Over 155,000 members



**IDAHO**  
STATE ASSOCIATION

54. FCCLA covers chapters in the US, and what other location?

Puerto Rico

55. Where is the Capitol Leadership Conference Held?

Washington, DC

56. Where was the 2021 National Fall Conference?

Washington, DC

57. Where is the Industry Immersion?

Chicago, IL

58. Which National Program is used to help members learn how to make, save, and spend money wisely?

Financial Fitness

59. How many National Programs are there?

Eight (8)

60. Name one of the four (4) types of STAR Events

- Foundational Events
- Leadership Events
- Career Focused Events
- Online Events

61. How many STAR event competitions are there?

32

62. What is the theme for the 2021-2022 Safe Rides – Save Lives PSA Contest?

Speed Prevention

63. What are the state dues for FCCLA?

\$7

64. What does FACTS stand for?

Families Acting for Community Traffic Safety

65. Name one of the units in Families First:

- Families Today
- You-Me-Us
- Meet the Challenge
- Balancing Family and Career
- Parent Practice



**IDAHO**  
STATE ASSOCIATION

66. Name a sponsor for the Financial Fitness Program:

Jump\$tart Coalition for Personal Financial Literacy or Knowledge Matters

67. How many units are in Power of One?

Five (5)

68. Students taking on prevention is tied to what National Program?

Stand Up

69. This FCCLA National Program helps members learn to make informed, responsible choices for their physical and mental health while also providing opportunities to teach others.

Student Body

70. On what social medial platforms can you find information about Idaho FCCLA?

Facebook, Instagram, and Twitter

71. What month is "CTE Month"?

February

72. When was FCCLA Week for 2022

Feb 14-18

73. How many Idaho events are there?

10

74. Name one of the Idaho Events:

- Creed Speaking
- Culinary Knife Skills
- Cupcake Decorating
- Fashion Sketch
- Hospitality Tourism Guidebook
- Impromptu Speaking
- International Experience
- Menu Planning Table Setting
- Spotlight on Projects
- Toys that Teach

75. Who is the FCCLA National Executive Director?

Sandy Spavone

76. When did red blazers become mandatory at NLC?

2018



**IDAHO**  
STATE ASSOCIATION

77. What is an FCCLA Competitive Event Category?

- STAR Events
- Skill Demonstration Events
- FCCLA/LifeSmarts Knowledge Bowl
- FCCLA/Knowledge Matters Simulation

78. What are the four (4) divisions within most STAR Events?

- Level 1 (through grade 8)
- Level 2 (grades 9-10)
- Level 3 (grades 11-12)
- Level 4 (Postsecondary)

79. Name a Unit of Power of One:

- A Better You – improve personal traits
- Family Ties – get along better with family members
- Working on Working – explore work options, prepare for a career, or sharpen skills useful in business
- Take the Lead – develop leadership qualities
- Speak Out for FCCLA – tell others about positive experiences in FCCLA

80. What is the leadership training opportunity created by FCCLA to empower students with the leadership and life skills they need to thrive in the 21<sup>st</sup> Century, and five members the opportunity to be recognized for their personal growth efforts?

Leadership Academy

81. Besides FCCLA, what is another Career & Technical Student Organization available in Idaho?

TSA, BPA, SkillsUSA, DECA, FFA, or HOSA

82. What should Idaho FCCLA State Officers wear to FCCLA meetings, activities, or when representing FCCLA?

The official FCCLA uniform

83. What is the National FCCLA Dress Code for General Sessions, Business Session, Exhibits, Workshops, or STAR Events Recognition sessions?

- FCCLA red blazer
- Professional white or black shirt
- Neckwear to include neckwear from official emblematic supplier, black or red tie or bowtie, single strand of pearls, red, black, and/or white scarf, or no neckwear
- Black bottoms (slacks, skirt, sheath dress)
- Shoes (black preferred)



**IDAHO**  
FCCLA SOCIATION

84. Name the 4 Career Pathways FCCLA members explore through participation in FCCLA.
- Human Services
  - Hospitality and Tourism
  - Education and Training
  - Visual Arts and Design