

2025 Idaho FCCLA Knowledge Bowl Questions

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1. What do the letters of FCCLA Stand for?
Family, Career and Community Leaders of America
2. What is the tagline for FCCLA?
The Ultimate Leadership Experience
3. What is the follower of FCCLA?
The red rose
4. Name four (4) “skills for life” that are developed through involvement in FCCLA
 - Planning
 - Goal setting
 - Problem solving
 - Decision making
 - Interpersonal communication
5. What does the flower of the organization represent?
The search for beauty in everyday living
6. Name the five (5) components of the planning process
Identify concerns, set your goal, form a plan, act, and follow up
7. What are the colors of FCCLA?
Red and white
8. What do the colors represent?
Red is strength and white is sincerity
9. How many FCCLA districts are in Idaho?
Six (6)
10. Who is the FCCLA State Adviser
Jared Lewis
11. Where is the current (2025-2026) Idaho State President from?
Firth High School
12. Who is the current (2025-2026) Idaho State President?
Averie Lewis
13. Where is the headquarter for the Idaho State Association located?
Boise, Idaho

14. What is the State and national theme for this year?

- State: “Plug into Potential”
- National: “Connected”

15. What are the names of the National Newsletters?

FCCLA Member Minute

FCCLA Fast Facts

16. Where is the current (2025-2026) National President from?

Arkansas

17. Who is the current (2023-2024) National President?

Eva Orr

18. How many state officers does Idaho have this year (2025-2026)?

Five (5)

19. How many National Officers (students) are elected by the voting delegates?

Ten (10)

20. Where will the National Leadership Conference be held in 2026?

Washington DC

21. FCCLA provides opportunities for active student participation at what level?

Local, state, and national

22. FCCLA is the only in-school organization that focuses on _____.

Family

23. Local groups of FCCLA are referred to as

Chapters

24. Name five (5) current youth concerns FCCLA chapter projects focus on

- Family relationships
- Sustainability
- Peer pressure
- Nutrition
- Fitness
- Leadership and personal growth
- Career preparation

- Peer violence
- Parenting
- Substance abuse

25. What is the FCCLA motto?

Toward New Horizons

26. Meetings should be opened with official _____.

Ceremonies

27. What is the current membership of the Idaho Association?

921 (as of 11/20/2025)

28. Finish the phrase from the creed: "We face the future with ..."

"...warm courage and high hope"

29. What is the name of the fall conference offered by IDCTE and FCCLA

BASIC: Building and Achieving Success in Idaho Chapters

30. What are the four national FCCLA Regions?

North Atlantic, Southern, Central, and Pacific

31. Idaho is located in what region?

Pacific

32. What is the Program of Work?

Chapters' written plans and goals for the year

33. FCCLA is a CTE student organization. What does CTE stand for?

Career and Technical Education

34. Name one of the eight (8) purposes of FCCLA

1. To provide opportunities for personal development and preparation for adult life.
2. To strengthen the family as a basic unit of society.
3. To encourage democracy through cooperative action in the home and community.
4. To encourage individual and group involvement in helping achieve global cooperation and harmony.
5. To promote greater understanding between youth and adults
6. To provide opportunities for making decisions and for assuming responsibilities.
7. To prepare for the multiple roles of men and women in today's society.
8. To promote Family and Consumer Sciences and related occupations.

35. What are bylaws?

Rules adopted by an organization for governing its activities

36. Name the four (4) kinds of membership in FCCLA

Active, Alumni, Associate, and Honorary

37. How many members are needed to form a chapter?

A minimum of twelve (12) members are required

38. Where should the FCCLA emblem be worn?

Over the heart or on the red jacket pocket left side

39. Who was the first National Adviser?

Dr. Hazel Frost

40. What was the amount of the first dues in 1945?

10 cents

41. When was Future Homemakers of America Founded?

June, 1945

42. Where was Future Homemakers of America Founded?

Chicago, Illinois

43. Where was the first National Convention held?

Kansas City, MO

44. STAR events began in what year?

1983

45. When was the name changed to Family, Career and Community Leaders of America?

July, 1999

46. Where was the name changed to Family, Career and Community Leaders of America?

Boston, MA

47. What year was Idaho chartered as a State Association?

1946

48. What are the National dues for FCCLA?

\$9

49. By what procedure are all FCCLA meetings to be conducted?

Parliamentary Procedure, using Robert's Rules of Order

50. What is the URL address for the National FCCLA website?

www.fcclainc.org

51. What is the meaning of the acronym STAR in STAR Events?

Students Taking Action with Recognition

52. What is the National Membership of FCCLA

Over 244,000 members

(as of 11/19/2025)

53. FCCLA covers chapters in the US, and what other location?

Puerto Rico

54. Where is the Capitol Leadership Conference Held?

Washington, DC

55. Which National Program is used to help members learn how to make, save, and spend money wisely?

Financial Fitness

56. How many National Programs are there?

Eight (8)

57. Name one of the four (4) types of STAR Events

- Foundational Events
- Leadership Events
- Career Focused Events
- Online Events

58. How many STAR event competitions are there?

32

59. What is the theme for the 2025-2026 Safe Rides – Save Lives PSA Contest?

Before You Hit the Road

60. What are the state dues for FCCLA?

\$9

61. What does FACTS stand for?

Families Acting for Community Traffic Safety

62. Name one of the units in Families First:

- Families Today
- You-Me-Us

- Meet the Challenge
- Balancing Family and Career
- Parent Practice

63. Name a sponsor for the Financial Fitness Program:

AFSA Education Foundation

64. How many units are in Power of One?

Five (5)

65. Students taking on prevention is tied to what National Program?

Stand Up

66. This FCCLA National Program helps members learn to make informed, responsible choices for their physical and mental health while also providing opportunities to teach others.

Student Body

67. On what social medial platforms can you find information about Idaho FCCLA?

Facebook and Instagram

68. What month is "CTE Month"?

February

69. When was FCCLA Week for 2025?

Feb 10-14

70. How many Idaho events are there?

12

71. Name one of the Idaho Events:

- Cake Decorating Skills
- Creed Speaking
- Early Childhood: Learning Experiences
- Fashion Sketching
- Food Art
- Impromptu Speaking
- Interior Design
- Job Interviewing Skills
- Knife Skills
- Menu Planning Table Setting
- Tour Idaho
- Toys that Teach

72. Who is the FCCLA National Executive Director?

Sandy Spavone

73. When did red blazers become mandatory at NLC?

2018

74. What is an FCCLA Competitive Event Category?

- STAR Events
- Skill Demonstration Events
- FCCLA/LifeSmarts Knowledge Bowl
- FCCLA/Knowledge Matters Simulation

75. What are the four (4) divisions within most STAR Events?

- Level 1 (through grade 8)
- Level 2 (grades 9-10)
- Level 3 (grades 11-12)
- Level 4 (Postsecondary)

76. Name a Unit of Power of One:

- A Better You — improve personal traits
- Family Ties — get along better with family members
- Working on Working — explore work options, prepare for a career, or sharpen skills useful in business
- Take the Lead — develop leadership qualities
- Speak Out for FCCLA — tell others about positive experiences in FCCLA

77. What is the leadership training opportunity created by FCCLA to empower students with the leadership and life skills they need to thrive in the 21st Century, and five members the opportunity to be recognized for their personal growth efforts?

Leadership Academy

78. Besides FCCLA, what is another Career & Technical Student Organization available in Idaho?

TSA, BPA, SkillsUSA, DECA, FFA, or HOSA

79. What should Idaho FCCLA State Officers wear to FCCLA meetings, activities, or when representing FCCLA?

The official FCCLA uniform

80. What is the National FCCLA Dress Code for General Sessions, Business Session, Exhibits, Workshops, or STAR Events Recognition sessions?

- FCCLA red blazer
- Professional white or black shirt
- Neckwear to include neckwear from official emblematic supplier, black or red tie or bowtie, single strand of pearls, red, black, and/or white scarf, or no neckwear
- Black bottoms (slacks, skirt, sheath dress)
- Shoes (black preferred)

81. Name the 6 Career Clusters FCCLA members explore through participation in FCCLA.

- Human Services
- Hospitality and Tourism
- Education and Training
- Arts & Design
- Financial Services
- Public Service